



SOCIETÀ PER GLI STUDI SUL MEDIO ORIENTE



UNIVERSITÀ DEGLI STUDI DI TORINO

14th Conference of the Italian Society for Middle Eastern Studies (SeSaMO)

Turin, 31 January–2 February 2019

A TASTE OF TURIN

A short guide to restaurants, cafés and pizzerias

LIGHT LUNCHESES AT LIGHT PRICES

Close to the Conference venue

BarTU – Via Cagliari, 28

Tel. +39 393 0497331

Italian restaurant – Meals from 5€ to 8€

Convivium Café&Bistrot – Lungo Dora Firenze, 131

Tel. +39 011 233553

Soups – Meals from 15€

Laleo – Corso Verona, 38/E

Tel. +39 011233012

Italian restaurant – Meals from 3€ to 6€

Pai Bikery – Via Cagliari, 18

Tel. +39 011 0360106

Bike dealer and bistrot – Meals from 5€ to 10€

Osteria degli Artisti – Corso Regina Margherita, 78/B

Tel. +39 011 6983830

Italian restaurant – Meals from 8€ to 15€

Hamburgeria Qualeaty – Corso Regina Margherita, 68

Tel. +39 328 4017500

Quality fast food – Meals from 5€ to 10€

Barbiturici – Via Santa Giulia, 21 bis

Tel. +39 011 2767449

Quality street food – Meals from 5€ to 10€

Okinawa – Via Giulia di Barolo, 18

Tel. +39 011 19781521

Japanese restaurant – Menu 7.50€

La piola di Alfredo – Via Sant’Ottavio, 44/A

Tel. +39 333 7664584

Italian restaurant – Menu from 5€ to 10€

Giuggiole Bioveganeria – Via Sant’Ottavio, 56/F

Tel. +39 373 7746252

Vegan restaurant – Meals from 8€ to 10€

Oven – Via Sant’Ottavio, 37/A

Tel. +39 011 8138079

Italian restaurant – Menu from 6€ to 9€

Take away

If you just want to grab a bite on the run, there are several take away in Corso San Maurizio, Via Sant’Ottavio, Via Giulia di Barolo, Via Ercole Roero di Cortanze (Italian pizza, sandwiches, kebab, falafel, pasta take away, etc.). You can also try “piadina”, thin Italian flatbread filled with cheese, vegetables and cold cuts (**La Piadonna – Via Montebello, 42** – Meals from 3€ to 6€).

OTHER RESTAURANTS IN THE CITY CENTRE

Brek Ristorante – Via S. Teresa 23/B

Tel. +39 011 545424

Large canteen for quick and tasty meals, affordable price (around 7,50€)

Costello – Piazza Solferino, 12

Tel. +39 011 5624639

Good and cool place with lunch menus between 7,50€ and 10€

Cafè Le Colonne – C.so Re Umberto, 9/I

Tel. +39 011 546842

Lunch menus between 5€ and 8€

Caffè Giardino – C.so Matteotti, 17/t

Tel. +39 011 4407159

Lunch menus between 5€ and 10€

Arcadia – Galleria Subalpina, 16

Tel. +39 011 5613898

One-course lunch: 13-14€

Convitto – Via S. Francesco da Paola, 8

Tel. +39 011 8154070

Excellent cakes

One-course lunch: 7€, water and coffee extra

Drogheria – piazza Vittorio Veneto, 18

Tel. +39 011 8122414

Average price: 8€

Dual – Via Cesare Battisti, 17/D

Tel. +39 011 8802647

Single serving with small first course, second course and vegetables, including water: 7.50€.

Pizza and water: 7.50€

LAB – piazza Vittorio Veneto, 13

Tel. +39 011 8170669

One-course lunch from 7 to 9€, water extra

Le Fanfaron – via Principe Amedeo, 39/A

Tel. +39 339 3247746

One-course lunch: 7-8 €, coffee and water included

Mood – Via Cesare Battisti, 3/E

Tel. +39 011 5660809

One-course lunch: 6-8€, water and coffee extra

Caffetteria della Piazzetta Antonelli – via Plana, 11/N

Tel. +39 011 8128584

One-course lunch: 6 €, water and coffee extra

Porto di Savona – P.zza Vittorio Veneto, 2

Tel. +39 011 8173500

One-course lunch: 9 to 12 €, water extra

Sfashion Café – Via Cesare Battisti, 13

Tel. 011.5160085

Average price for lunch: 7/12 €

La Vetreria – Corso Regina Margherita 27

Tel. +39 011 0466906

Food, music, cultural and artistic events, relax

HISTORIC CAFES AND RESTAURANTS

Baratti & Milano – piazza Castello, 27

Famous for its hot chocolate and cakes

Bicerin – piazza della Consolata, 5

The “Bicerin” is a typical Torino coffee: brewing coffee, chocolate and cream. You can find it in almost every bar, but this one is quite special

Il Cambio – Piazza Carignano, 2

Mulassano – piazza Castello, 15

Well known for its very special sandwiches

Pepino – piazza Carignano, 8

Try the Pinguino, the “walking ice-cream” on a stick made of cream covered with chocolate

Tre Galline – Via Bellezia, 37

APERITIFS

A selection of places where you can taste the typical “aperitivo alla piemontese” (from 7 pm till 10 pm), but you can also have a drink after dinner

In “Piazza Vittorio”, one of the biggest squares in the city

Brasserie Lutèce – piazza Carlo Emanuele II, 21

Average price: 8€

LAB – piazza Vittorio Veneto, 13

Average price: 8€

Lobelix II – Piazza Vittorio Veneto, 13

Average price: 8€

La Drogheria – Piazza Vittorio Veneto, 18

Very attractive large outdoor seating area

Average price: 8€

La Salumeria – Via Giovanni Giolitti, 53

Very crowded on weekends, it serves at 7 and 9 pm

Average price: 8€

Mood – Via Cesare Battisti, 3/E

Books and food

Average price: 8€

Scapadacà – Corso San Maurizio, 48

Simple, but good food

Average price: 8€

Margò – Via Buniva, 9

Average price: 8€

In the “Quadrilatero Romano”, the historic heart of Torino

Arancia di Mezzanotte – piazza Emanuele Filiberto, 11

Average price: 8€

Al Bacchanale – via delle Orfane, 25/B

Average price: 8€

Caffè Vini Emilio Renzini – Via Porta Palatina, 9

A must for wine lovers

Average price : 8€

Le bourreau bourré – via Bellezia, 33/A

Very good Italian wines and friendly atmosphere

Average price: 8€

Km 5 – via San Domenico, 14/E

A favorite with young people

Average price: 8€

Pastis – Piazza Emanuele Filiberto, 9

A nice dehor in one of the small squares of the Quadrilatero

Average price: 8€

Smile Tree – Piazza della Consolata, 9

Very beautiful setting and very good food! Recommended

Average price: 8€

ZonK – via Bellezia, 2

Very stylish!

Average price: 8€

In “San Salvario”, the multicultural district of Turin

G Torino – Via Silvio Pellico, 2bis**

Kitchen bar

Average price: 8 €

Lanificio San Salvatore – Via Sant’Anselmo, 30

One of the best places in San Salvario

Average price: 8 €

Beerba – Via Sant’Anselmo, 13/B

Small and cosy place to taste home-made food and great drinks!

Average price: 8€

DDR – Via Berthollet, 9

The young brother of “La Drogheria”,

Average price: 8€

La Locanda Clandestina – Via Baretti, 16/E

Great variety of food and drinks

Average price: 8€

ICE CREAMS

Mara dei Boschi – Via Berthollet, 30/H

Definitely one of the best icecream in town!

Fiorio – via Po, 8

To die for: gianduja and creamy flavours

Grom – via Accademia delle Scienze, 4

Don’t leave Turin without trying at least some of its many flavours!